

Shabbat Through the Ages
JRF Midwest Shabbaton
April 11-13, 2008

Time	Activity	Leader
FRIDAY		
3:00-6:00	Arrival and Check-in (with art activity available for families)	
6:00-7:00	Shabbat Dinner	
7:15	Kabbalat Shabbat Service	Aura Ahuvia Ann Arbor Reconstructionist Havurah (AARH)
8:15-9:30	Intergenerational Program Shabbat Storytelling	Abby Weinberg, JRF Midwest Regional Staff Member
9:30	Oneg Shabbat and singing	
SATURDAY		
7:30 AM	Torah Yoga	Allison Stupka, AARH Rabbi Michael Zimmerman, Kehillat Israel, Lansing, MI
8:30-9:30	Breakfast	
9:45-11:45	Shabbat Morning Services (which will include separate Torah study for adults and children)	Rabbi Steve Segar and Congregants Kol HaLev, Cleveland, OH Torah Study: Danny Steinmetz, AARH
12:00-1:00	Lunch	
1:00-3:00	free time or Jewish Nature Walk (basketball, tennis, mini golf available)	Rabbi Nathan Martin, University of Michigan Hillel
3:15-4:45	Separate adult and children's text study on Judaism and the environment	Beth Friedman-Romell Knesseth Israel Temple, Wooster, OH
5:00-6:00	Free time/rest	
6:15-7:00	Dinner	
7:15-9:00	Kumsitz: singing, drama, dancing followed by Havdallah	Havdallah led by Aura Ahuvia (AARH) & Krista Hyde Shir Hadash, St. Louis, MO
9:15	Evening snack and schmoozing	

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 ~ Continued ~

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SUNDAY		
7:30 AM	Torah Yoga	Allison Stupka, AARH Rabbi Michael Zimmerman, Kehillat Israel, Lansing, MI
8:15- 9:00	Breakfast	
9:15- 9:45	Shacharit services	Rabbi Michael Zimmerman, Kehillat Israel, Lansing, MI
10:00- 11:30	Intergenerational study program Theme: Shabbat	Marcy Epstein, AARH Rabbi Renée Bauer, Mayim Rabim, Minneapolis, MN
11:45	Closing Circle	
12:15	Box lunches available for pick up or for eating at the center	
1:00	Departure	