



Main Office: 101 Greenwood Avenue Suite 430  
Jenkintown PA 19046  
P: 215-885-5601 \* F: 215-885-5603

Summer Office: PO BOX 10 1 Pine Grove Road  
South Sterling PA 18460  
P: 570-676-9291 \* F: 570-676-9172

1-877-CAMP-JRF \* [www.campjrf.org](http://www.campjrf.org) \* [info@campjrf.org](mailto:info@campjrf.org)

Recipient address label



Family Camp  
at Camp JRF  
Play \* Pray \* Connect  
Experience Family in a New Way!

Something for everyone:  
activities for adults, teens,  
children and families!



Participants in Family Camp  
will have use of JRF's camp facilities  
and staff: professional Jewish educators,  
rabbis, musicians, art and sports  
instructors, counselors  
and food services.



Arrive at  
5 pm Wednesday, August 13  
Depart at  
Noon on Sunday, August 17  
2008



Space is limited!  
For more information contact  
[info@campjrf.org](mailto:info@campjrf.org)  
or  
1-877-226-7573



Camp JRF, located on the Aaron and Marjorie Ziegelman Campus in beautiful South Sterling, PA, boasts 130 acres of wooded land in the Pocono Mountains.



Facilities include: heated six-lane pool; four-acre lake with sandy beach, boats, water trampoline and other inflatables; sports fields for baseball, softball, soccer, Ultimate Frisbee and group games; arts center; basketball courts; volleyball courts; tennis courts; high and low ropes course with certified instructor; hiking trails; mountain bikes and more!



## A DAY AT FAMILY CAMP...

(sample)

- 7:30 **Boker Tov** (wake up)
- 8:00 **Aseyfat Boker** (family shaharit gathering)
- 8:30 **Aruhat Boker** (breakfast)
- 9:30 **Havayah** (family experiential learning with Jewish texts, art, music, drama)
- 11:00 **Field Sports, Water Sports or Etgar** (challenge/ropes course)
- 12:00 **Shira** (song session)
- 12:30 **Aruhat Tzohorayim** (lunch)
- 1:30 **M'nuha** (family rest)
- 2:30 **S'hiya & Agam** (swimming & boating)
- 3:45 **Nishnush** (snack)
- 4:15 **Breirot** (electives): art, archery, choir, dance, drama, sports, text study
- 5:15 **Hofshi** (free time)
- 6:45 **Aruhat Erev** (dinner)
- 7:30 **Ma'ariv** (evening service)
- 8:00 **P'ulat Erev** (family evening activity)
- 9:00 **Kibui Orot** (children lights out)
- 9:30 **Adult time**